

Whiti Ora SOUTH Timetable October - December 2026

Monday	Tuesday	Wednesday	Thursday	Friday
Mini-Golf 9:30 – 11am Treasure Island Mini Golf, Mangere Airport <i>Fuli</i>	Water Walking – Papakura 9:30 – 11am Massey Park Aquatic Centre Papakura <i>Fuli</i>	SPEED FREAKS (Run & Walking Group) 12:30 – 2pm Ambury Regional Park, Mangere <i>Fuli, Andrea, Daryl</i>	Explore Auckland 9.30am – 12.30pm Variety of locations <i>Fuli</i> (1 st & 3 rd Thursdays of the month)	Water Walking – Otahuhu 9:30 – 11am Ōtāhuhu Pools <i>Fuli &Saskia</i>
Craft Group 10:30am – 1pm Franklin: The Centre <i>Monique & Saskia</i> <i>Transport only available from Penrose – South</i>	Drawing with Pastels 10 – 11.15am Online via Zoom <i>Daryl</i>	Creative Writing 12:30 – 3pm Highland Park Community House & Online <i>Monique</i> <i>Transport only available from Manukau – East</i>	U30s Women’s Social Group 10am – 12pm Various Locations <i>Justine</i>	Music Social Group 10.30am – 1pm Online via Discord <i>Monique</i>
Youth Social Group with EPIT 11:30am – 1:30pm Various Locations <i>Justine & Wenber</i>	Book & Writing Club 10:30am – 1pm Franklin: The Centre & Online <i>Monique</i> <i>Transport only available from Papakura – South</i>	Table Tennis 12:45 – 1:45pm Allan Brewster Leisure Centre <i>Justine</i>	Cooking & Baking Group 11:30am – 2:30pm Glenbrook Beach Community Hall <i>Monique & Saskia</i> <i>Transport only available from Penrose – South</i>	Rainbow Social Group 11am – 1pm Various locations & Online via Zoom <i>Leo</i> <i>Alternating in person & Online sessions</i>
Pool Table Competition 1:30 – 3pm Papakura Club <i>Fuli</i>	Tenpin Bowling 1.30 – 3.30pm Pukekohe Cosmopolitan Club <i>Fuli, Justine</i>	Mental Health Awareness Week 12-16 Oct Some of our regular groups may not be running this week as we have special activities arranged each day to celebrate & support this year’s theme ~ “Belonging Matters” (<i>Ko au ko koe, ko koe ko au – I am you, and you are me</i>).	ART Creator Space 1.30 – 3pm Beautification Trust, Manurewa <i>Fuli</i>	Badminton South 12:45 – 1:45pm Allan Brewster Leisure Centre <i>Justine</i>
Online Games 3 – 4:30pm Zoom <i>Wenber</i>	Anime & Manga Group 3 – 5pm Online via Discord & Te Puāwaitanga Hub, Penrose <i>Monique & Wenber</i> <i>In person last Friday of the month</i>		Online Trivia 2 – 3:30pm Online via Discord <i>Dylan</i>	ESOL 1:30 – 3pm Online – Zoom/WeChat <i>Andrea</i>
Keen to get your Learner Licence? Individual online support to learn the NZ Road Code & practice for the test. Contact us at AQ.WO@ember.org.nz or let one of the facilitators know.			Virtual Travel 3:30 – 4:30pm Zoom <i>Wenber</i>	



Programme Locations

Allan Brewster Leisure Centre 7 Tavern Lane, Papatoetoe
Ambury Regional Park 43 Ambury Road, Mangere Bridge
Beautification Trust 38 Holmes Road, Manurewa
Franklin: The Centre 12 Massey Avenue, Pukekohe
Glenbrook Beach Community Hall 2 McLarin Road, Glenbrook
Highland Park Community House 47 Aviemore Drive, Highland Park
Massey Park Aquatic Centre 2R Ron Keat Drive, Papakura
Ōtāhuhu Pools 30 Mason Avenue, Ōtāhuhu
Papakura Club 5 Croskery Road, Papakura
Pukekohe Cosmopolitan Club 78 Nelson Street, Pukekohe
Te Puāwaitanga Hub 326 Church St, Penrose
Treasure Island Mini Golf 1 Uenuku Way, Māngere

Programme Descriptions

Explore Auckland Explore while taking notice & connecting to our beautiful Auckland City. From exploring different towns, beaches & regional park. Travelling together in a van discussing wellness tools & building friendships with others. Limited spaces available.

Drawing with Pastels – Follow a step-by-step tutorial each week to develop your drawing skills & your knowledge of colour theory. Resources will be provided. You're welcome to attend with own activity & resources.

Anime & Manga Group Connect with others while exploring & discussing these two forms of Japanese entertainment – comic books, graphic novels & animated shows/movies. By the end of the December the goal is for each member of the group to create their own manga panel.

U30s Women's Social Group – A welcoming space for women under 30 to connect & create a strong sense of community. Through fun activities, shared experiences, & new opportunities, the group promotes positive wellbeing, self-care, confidence & personal growth

Transport Some transport support is available but is limited, please discuss with the facilitator.

Disclaimer We aim to provide safe spaces for all, however, please take responsibility for your own health & safety while attending groups. Please wear appropriate clothing & footwear e.g. sports clothing & shoes for physical activities, bring a water bottle & maintain a good level of hygiene. Please discuss any concerns with your facilitator before the activity.



Whiti Ora

South Timetable

October, November, December 2026



Address: 326 Church Street, Penrose

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Please register with Whiti Ora & attend an introduction meeting before attending groups.