

**Allan Brewster Leisure Centre** 7 Tavern Lane, Papatoetoe  
**Ambury Regional Park** 43 Ambury Road, Mangere Bridge  
**Beautification Trust** 38 Holmes Road, Manurewa  
**Franklin Leisure Centre** 29 Franklin Road, Pukekohe  
**Glenbrook Beach Community Hall** 2 McLarin Road, Glenbrook  
**Massey Park Pools** 2R Ron Keat Drive, Papakura  
**Ōtāhuhu Recreation Centre** 30 Mason Avenue, Ōtāhuhu  
**Papakura Club** 5 Croskery Road, Papakura  
**Pukekohe Cosmopolitan Club** 78 Nelson Street, Pukekohe  
**Te Puke ō Tara Community Centre** 20 Newbury Street, Ōtara  
**Treasure Island Adventure Golf** 1 Uenuku Way, Māngere

**Social Sports Workout:** Try a variety of sports from playing basketball, boxing workout, & others as suggested. It's an opportunity to give a variety of sports a go, workout together in a team setting & connect with others.

**Craft Group:** A fun, inviting space to unleash your inner creativity. We will work together to complete a project every month & decide the medium to express ourselves... everything from knitting to decoupage is on the table.

**Book Club & Writing Group:** For those interested in literature & writing to come together & share their views & ideas on our books of choice. We will read & review a book each month & along with exploring different mediums of writing & expressing ourselves through the art of writing.

**Music Discussion Group:** A space filled with good vibes where we can share, discuss and explore a plethora of feelings, emotions and thoughts through music. We'll engage in discussion around the medium of music and what it means to us and how it helps illuminate our days.

**Knit & Natter:** Be creative & crafty while chatting with others.

**Transport:** Limited transport is available, please discuss with the facilitator.

**Please note:** Support people/whanau will need to cover the cost of paid activities.

**Disclaimer:** Whiti Ora aims to provide safe environments for all, however, please take responsibility for your own health & safety while attending groups. Please wear appropriate clothing & footwear e.g. sports clothing & shoes for physical activities, bring your own water bottle & maintain a good level of hygiene. Please discuss any concerns with your facilitator before the activity.



# Whiti Ora

## South

## Timetable

July, August, September 2026





**Address:** 326 Church Street, Penrose **Phone:** 09 523-2790

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Please register with Whiti Ora & attend an introduction meeting before attending groups.

# Whiti Ora South Timetable July, August, September 2026



Monday		Tuesday	Wednesday	Thursday	Friday
<b>Mini-Golf</b> 9:45 – 11am Treasure Island Mini Golf, Mangere <i>Fuli</i> Starts 20 <sup>th</sup> July		<b>Water Walking – Papakura</b> 9:30 – 11am Massey Park Aquatic Centre, Papakura <i>Fuli</i>	<b>Speed Freaks</b> (Run & Walk) 12:30 – 2pm Ambury Regional Park <i>Fuli, Andrea, Sas</i>	<b>Community Fitness Class</b> 9 – 11am Te Puke ō Tara Community Centre, Ōtara <i>Justine</i>	<b>Social Sports Workout</b> 10 – 11am Ōtahuu Recreation Centre <i>Wenber, Fuli</i> Starts 24 <sup>th</sup> July
<b>Craft Group</b> 10am – 12:30pm Franklin: The Centre <i>Monique &amp; Saskia</i>		<b>Book &amp; Writing Club</b> 10:30am – 1pm Franklin: The Centre & Online Discord <i>Monique</i> Starts 21 <sup>st</sup> July	<b>Volleyball</b> 12:45-1:45pm Allan Brewster Leisure Centre <i>Justine</i> Starts 22 <sup>nd</sup> July	<b>Cooking &amp; Baking Group</b> 11:30am – 2:30pm Glenbrook Beach Community Hall <i>Monique &amp; Sas</i>	<b>Water Walking – Ōtahuu</b> 11am – 12:30pm Ōtahuu Pools <i>Fuli</i>
<b>Youth Social Group with EPIT</b> 11:30am-1:30pm Various locations <i>Justine &amp; Wenber</i>		<b>Tenpin Bowling</b> 2 – 4pm Pukekohe Cosmopolitan Club <i>Fuli &amp; Justine</i>	Whiti Ora aims to provide a smoke & vape-free environment. Please follow our smoking & vaping guidelines.    We'd love to hear your feedback & suggestions. Please let a facilitator know or contact us via the details on the front.  	<b>Art Creator Space</b> 1 – 3pm Beautification Trust, Manurewa <i>Fuli</i>	<b>Rainbow Social Group</b> 11:30am – 1:30pm Alternating weekly at various locations & online - Zoom <i>Laura</i> 
<b>Pool Table Competition</b> 1:30 – 3pm Papakura Club <i>Fuli</i>		<b>Knit &amp; Natter</b> 2:30 – 3:30pm Online – Zoom <i>Saskia</i>		<b>Online Trivia</b> 2 – 3:30pm Online - Discord <i>Dylan</i>	<b>Badminton</b> 12:45 – 1:45pm Allan Brewster Leisure Centre <i>Justine</i>
<b>Music Discussion Group</b> 2 – 4:30pm Online Discord <i>Monique</i>	<b>Online Games</b> 3 – 4pm Online Zoom <i>Wenber</i>	<b>Minecraft Group</b> 3 – 5pm Online - Discord <i>Monique &amp; Wenber</i>		<b>Virtual Travel</b> 2:30 – 4pm Online - Zoom <i>Wenber</i>	<b>ESOL - Tutoring for Chinese Speakers</b> Online – Zoom/WeChat 1:30 – 3pm <i>Andrea</i>